F BLUES SCALE

MINOR PENTATONIC + THE BLUE NOTE · ALL 5 BOXES · STANDARD TUNING

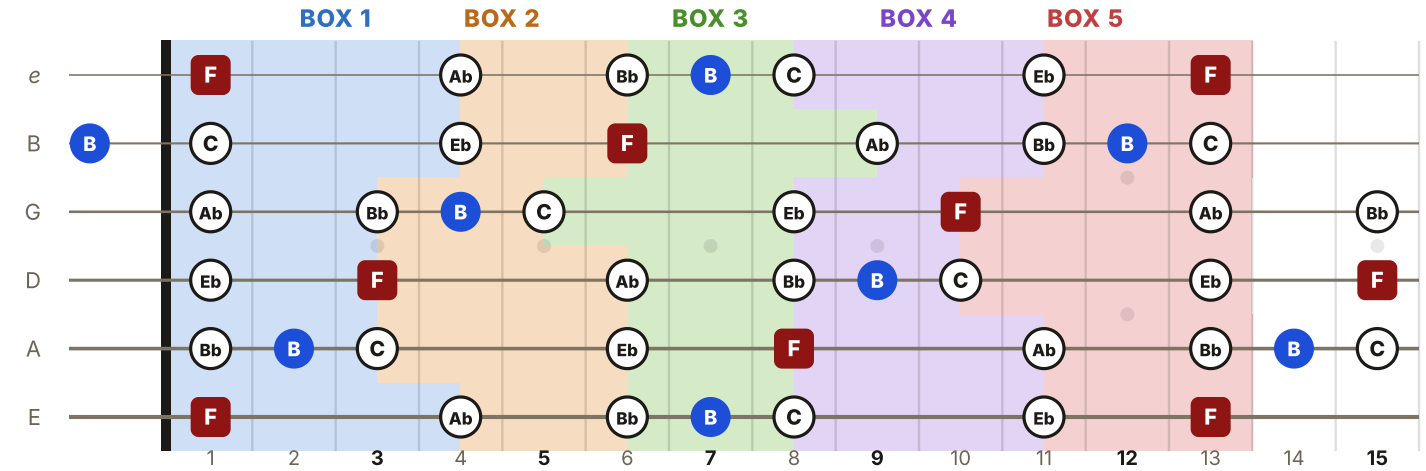
PENTATONIC BOX

NOTES

F	Ab	Bb	B	C	Eb
1	b3	4	b5	5	b7

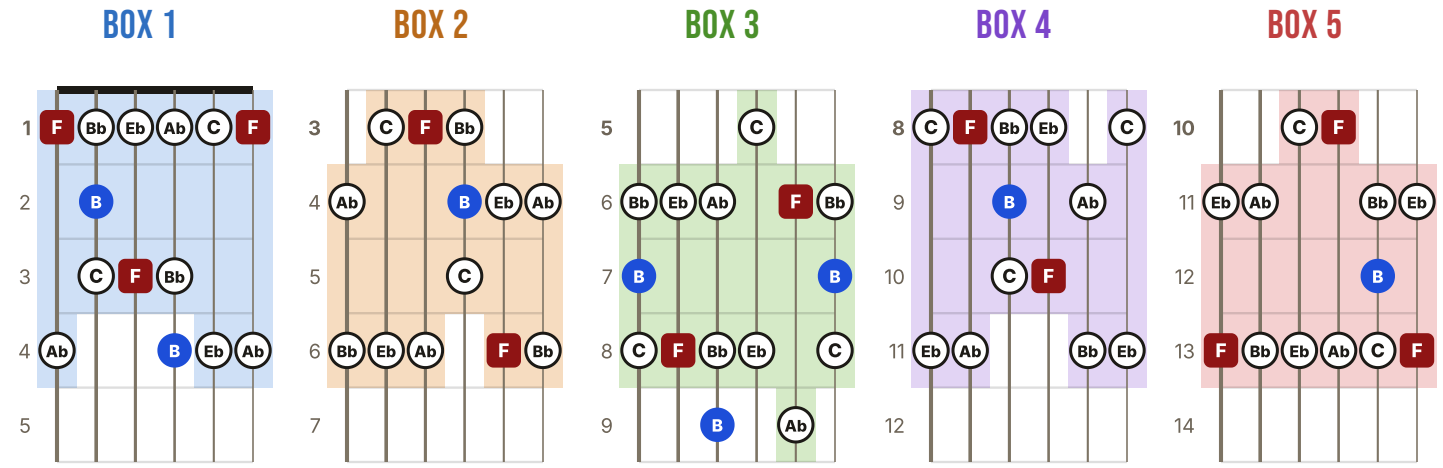
The blue note (B) sits between the 4th and 5th.

THE WHOLE NECK



Root (F) Blue note (B) Each color is one minor pentatonic box. Notes on a color edge are shared by two boxes.

BOX BY BOX



1. Pass through the blue note

It's tense. Slide or hammer from the 4th through B to the 5th rather than resting on it.

2. Bend into it

Bend the 4th up a half step to reach the blue note, or a whole step to reach the 5th.

3. Use it over a 12-bar blues

The F blues scale works over all three chords of a blues in F.

7-DAY PRACTICE PLAN

Day 1 ☐	Day 2 ☐	Day 3 ☐	Day 4 ☐	Day 5 ☐	Day 6 ☐	Day 7 ☐
Box 1 without the blue note	Add the blue note to Box 1	Slide 4 → blue note → 5	Box 2 with the blue note	Connect Box 1 → Box 2	Boxes 3, 4 and 5	Solo over a 12-bar blues